



CHILDREN FIRST

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Equal opportunity provider.

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childrenfirstcacfp.org

Looking for new quality child care providers please refer Children First!

November 2010

Mail menus the first mailing day of the month.

Late menus must result in late payment. Children First can only request funding from the USDA once a month. Providers who miss the deadline get added to the following months funding request.

Please return recipe idea's for the Children First cookbook, include pictures. This cookbook will be great.

Relocating? Claims are not valid until state approval, after home has current inspections etc. complete, this takes time so inform Children First of any changes.

DES and DHS child care providers you **may not** drop certification/ license and remain eligible for the CACFP. You must report changes first and **IF** you wish to switch to AA private care, you must be in good standing, have inspections, and state approval **BEFORE** your claims are valid. You will be responsible for overpayments.

Claims are not valid if current guidelines are not met.



Acorn Donut Holes

Your kids will go nutty for these clever fall treats, which look like acorns but taste a whole lot sweeter.

Ingredients

- Chocolate Frosting or Peanut Butter
 - Donuts Holes
 - Crumbled Toffee
 - Pretzel
1. Frost a third or so of a plain or glazed doughnut hole with chocolate frosting or peanut butter.
 2. Roll the frosted top in crumbled toffee (look for it in the baking section of grocery stores), then add a small piece of a pretzel for the stem.

Serve donut and milk: Donut counts as high sugar snack and milk.

Beginning October 1, 2010 child care providers can no longer be staff members. Please expect some changes in Children First personal.



Turkey Pear and Apple/Orange Slices
Counts as (1) Fruit

Looking for free idea's, including print outs for Thanksgiving?
<http://familyfun.go.com/thanksgiving/thanksgiving-printsables/>

What got disallowed in September?

Common disallowances for the month of September. Please avoid these errors, the following errors were found on at least (1) or more menus in September. **LOSS OF MONEY!**

- **Over ratioYIKES every meal that is over ratio is disallowed (not paid), in some cases that can be every day of the month!**
- Taco and Tostada (high fat count)
- Hours not listed on menu
- Not submitting a Child Enrollment Form
- Not completing meals on menu
- Please list infant name on infant menu (parent infant statement not submitted)
- Not having menus up to date during review YIKES! This can be costly, 3 full weeks have been disallowed based on not having 3 weeks of menus up to date.

Corn tortillas are not considered high fat, tostada shells and tacos are. If you are serving corn tortilla in enchilada or something other than hard or fried shell, list corn tortilla. Soft tacos are not considered high fat, but must be listed as soft taco.

High fat foods are only disallowed if they are the third high fat food in 7 days. Taco shells, pizza, nuggets etc. all still count as creditable foods but only 2 times a week.



Tenny Turkey Sandwiches

Ingredients

- Cocktail pumpernickel bread
- Sliced cheese
- **DECORATIONS:**
- Peas (eyes)
- Red pepper
- Pepperoni
- Cheese
- Cashew
- Slivered almond
- Parsley

Instructions

1. For each sandwich, put cut slices of cheese between 2 slices of cocktail pumpernickel bread.
2. For the head, use a small drinking glass or round cookie cutter to cut a circle from another slice of bread, then stick it to the top of the sandwich with a dab of cream cheese.
3. Likewise, add facial features such as pea eyes, a red pepper or pepperoni snood (above the beak), and a pepper, cheese, or cashew beak. Finally, wedge pepper, slivered-almond, or parsley-sprig feathers between the bread slices.

Counts as bread and meat alternate. Can be creatable snack or can count as part of lunch or dinner meal components.



Fruit and Cheese Gobbler

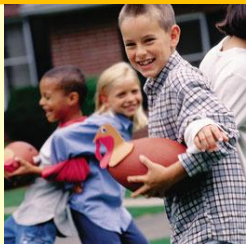
Ingredients

- Bosc pear (head)
- Melon (body)
- Cheese Chunks (beak and tail feathers)
- Red pepper (snood, feet and side feathers)
- Raisins (eyes)
- Grapes (tail feathers)
- Bamboo skewers
- Toothpicks

Instructions

1. Stabilize the melon body by cutting a shallow slice off the rind to form a flat base. Using a section of bamboo skewer, attach a Bosc pear head to the melon, as shown.
2. Cut a cheese triangle beak and red pepper snood. Attach both, along with raisin eyes, to the head with sections of toothpick.
3. Cut red pepper feet and set them in place. For tail feathers, skewer cheese cubes and red grapes, then insert the skewers as shown. Pin pepper side feathers in place with toothpicks

Counts as snack: Cheese and Mix Fruits



Turkey Trot

What You Need

- Turkey Mascot (Football decorated like a turkey)

Instructions

1. In this wacky backyard contest, players pair up with their elbows linked, and each team is handed a turkey mascot. You can make a mascot by taping a colored-paper turkey head to one end of a football. (You can also just stuff a brown bag with crumpled newspaper and draw on a face with colored markers.)
2. On cue, the pairs try to make their way to the finish line at the far end of the playing field.
3. The first team to get there without dropping their bird or unlinking their arms wins.